Wellspring Christian Clinic Patient Registration

Patient Name: ____
(Last) (First) (Middle) (Preferred Name)

Address: ____
(Street) (City) (State) (Zip)

LISTING A NUMBER PERMITS WELLSPRING TO CALL THAT NUMBER AND LEAVE A MESSAGE

Home Phone: ( ) ____________________ Cell Phone: ( ) ____________________ Work Phone: ( ) ____________________

Which number you would like us to call when making reminder calls? Home Work Cell

May we contact you via email? Y N Preferred email address: ______________________________

Ethnicity: __________ Soc. Sec. #: ____________ Date of Birth: _________ Age: ____ Sex: M F Marital Status: S M D W

Employer: ______________ Occupation: ______________ Full-Time Part-Time Student/School: ______________

IF DEPENDENT CHILD – Are custodial parents Married Separated Divorced Other ____________________
Please list names, relationships, and phone numbers for **ALL** legal guardians

____
____
____

IN CASE OF EMERGENCY PLEASE NOTIFY: ____
(Name) (Phone) (Relationship)

Primary Care Physician: ____
(Name) (Address) (Phone)

FINANCIALLY RESPONSIBLE PARTY/GUARANTOR INFORMATION

□ **CHECK IF SAME AS ABOVE**

Guarantor Name: ________________________________ Date of Birth: _________ Home Phone: ( ) ______________

Guarantor Address: ____
(Street) (City) (State) (Zip)

Guarantor Relationship to Patient: Self Spouse Mother Father Sibling Other Relative Friend Other

Employer: ______________ Occupation: ____________ Work Phone: ( ) ____________ Soc. Sec. #: ______________

Driver's License #: ______________ Special Arrangements: ______________________________

GUARANTOR AGREEMENT: I certify that the above information is true and correct. I agree to take full responsibility for the entire amount due for any and all services rendered by Wellspring Christian Clinic. If the provider is contracted with the insurance company, I will be responsible for the co-pay, deductible, and non-covered services as determined by the insurance plan.

► GUARANTOR SIGNATURE: ____ DATE: _________

PATIENT RELEASE OF INFORMATION TO GUARANTOR/THIRD PARTY AGENCY: I authorize Wellspring Christian Clinic to release my financial information to my guarantor or a third party collection agency.

► PATIENT/GUARDIAN SIGNATURE: ______________________________________ DATE: _________

Please circle the name of the counselor/psychologist that you are seeing today:
Tammy Bond Jeremy Johnson Kate Clark Kelley C. Jones Al Saunders Ben Smith Melea Stephens Leah Waller Simona Niculaes Bryce Landwehr Ryane Rice Jason Peevy Romeo Penn Tina Sumpter Hal Thurstin Bobi Ezell Maddie Fort Brandon Snipes Megyn Avedisian

How did you hear about Wellspring Christian Clinic?

□ Another Client of Wellspring □ My Doctor □ My Church
□ My Friend or Family Member □ Radio Advertisement (WDJC) □ Internet Website
□ I attended a seminar sponsored by Wellspring □ My Insurance Company □ Yellow Pages
□ Birmingham Christian Family Magazine
□ Other (____)

CLIENT AGREEMENTS AND AUTHORIZATIONS

CHILD AND ADOLESCENT CONSENT FOR TREATMENT

Legal Guardian MUST sign if primary patient is under 18 years old.

Patient (please print): ____ Date of Birth: ______________
(Last) (First) (Middle) (mm/dd/yyyy)

I certify that I am the: Father Mother Legal Guardian of the above child/adolescent
I certify that I do have the legal custody of the above named child/adolescent.
I, hereby, give my authorization and consent for the above named child/adolescent to receive outpatient assessment/therapy from: ____

Name (please print): ____

Signature: ____ Date: ______________

DIVORCE/LEGAL SEPARATION COLLECTION POLICY

Please sign if primary patient is under 18 years old and legal guardians are separated or divorced.

It is the policy of Wellspring Christian Clinic that the parent/guardian bringing a child/adolescent to our office for treatment is responsible for payment at the time services are rendered. You will be responsible for making prior payment arrangements with the child's/adolescent's other parent or responsible party. Wellspring Christian Clinic assumes no responsibility for collecting payment from the other parent or responsible party with whom you may have financial arrangements for your child's/adolescent's medical care.

I have read, understand and agree to the above policy:

Name (please print): ____

Signature: ____ Date: ______________

ALL CLIENTS MUST READ AND SIGN

PRIVACY POLICY: I acknowledge having been offered Wellspring Christian Clinic's "Notice of Privacy Policies" and their "Client Rights Statement" (below and on following pages). My rights include the right to see and copy my record, to limit disclosure of my health information, and to request an amendment to my record. These are explained in the Policy. My right to make a complaint and file a grievance has also been explained. I understand that I may revoke in writing my consent for release of my health care information except to the extent Wellspring Christian Clinic has already made disclosure with my prior consent. ► (______)

CONSENT FOR TREATMENT: I hereby consent to the treatment provided by Wellspring Christian Clinic and its employees or designees. I authorize the services deemed necessary or advisable by my caregivers to address my needs. ► (______)

AUTHORIZATION FOR RELEASE OF PERSONAL HEALTH INFORMATION: I authorize use and disclosure of my personal health information for the purposes of diagnosing or providing treatment to me, obtaining payment for my care, or for the purposes of conducting the healthcare operations of Wellspring Christian Clinic. I authorize Wellspring Christian Clinic to release any information required in the process of applications for financial coverage for the services rendered. This authorization provides that Wellspring Christian Clinic may release objective clinical information related to my diagnoses and treatment, which may be requested by my insurance company or its designated agent. ► (______)

► ______________________ ______________________ ______________________
Client or Authorized Person Signature Relationship Date

► ______________________ ______________________
Witness Signature Date

PRACTICE POLICIES AND SERVICE INFORMATION

Dear Patient:

Thank you for requesting an appointment with me at Wellspring Christian Clinic. I am pleased that you have chosen me as your clinician and I am committed to giving you the best care possible. I have enclosed several forms as well as a patient history questionnaire. All of this information is necessary for quality evaluation and management of treatment. Please complete everything included so that we can best complete in one session what otherwise might take two or three sessions. This saves you time and money as it allows me to move more quickly with an accurate assessment and treatment. I will be glad for you to keep a copy for future use with other doctors and clinicians if you so desire.

Wellspring Christian Clinic's office hours: Monday – Thursday 8:30 am – 4:30 pm & Friday 8:30 am – 12:30 pm.

To acquaint you further with the procedures and policies of this clinic, I am providing the following information:

- **Appointments:** I have appointments back to back throughout each day. I do my best to be punctual for your appointment unless an emergency interrupts. I ask that you be punctual as well. **If you are late for any reason, you will receive the remainder of your scheduled time. This is necessary so I can keep my following appointments at their scheduled time. If you need to cancel an appointment, a minimum advanced notice of one full workday is required so that we will have a chance to fill that slot.** You may leave a message with the office staff or on their voicemail. **We will charge you a full fee for late cancellations or failures to show.** Note: as a *courtesy*, we will call you the business day prior to your appointment to remind you of the time. However, we are sometimes unable to make this call or are unable to reach you. **YOU ARE STILL RESPONSIBLE FOR COMING TO YOUR APPOINTMENT OR CANCELLING 24 BUSINESS HOURS IN ADVANCE, even if you do not receive a call.**

- **Psychological Evaluations:** A psychological evaluation is a formal examination of mental health. Our psychological evaluations include clinical interviews, standardized measures of intellectual ability, achievement, personality, adaptive behavior, and social, emotional, and behavioral functioning, as well as clinical observation, and a review of relevant documentation. **Please understand this is a long process**. The clinical interview(s), administered tests, and filling out of various measures may take anywhere from two to five hours. In addition, the scoring, interpretation, and report write-up make also take anywhere from two to five hours. The psychological evaluation may ultimately result in diagnosis, recommendations, and/or feedback. The reports will be drafted and completed as soon as possible, and I will make the best possible effort not to go beyond **14** days from the date of the psychological evaluation. Included in the cost of the psychological evaluation will be one courtesy 30-minute feedback session in which I review the results of the psychological evaluation with you and/or the child. The feedback session will typically be scheduled upon the completion of the psychological evaluation.

- **Emergencies:** During office hours, let the office staff know that you have an emergency and the nature of the problem and one of them will try to contact me. After office hours, please leave me a voicemail. If you need after-hours emergency interventions, call 911 or go to your nearest local Emergency Room, where the staff can offer assessment and treatment.

- **Payment:** You are fully responsible for all services rendered. Full payment is expected at the time of service, unless other contractual agreements apply. Please make all checks payable to Wellspring Christian Clinic. As another payment option, we accept Visa or MasterCard. There will be a $25 fee for payments returned as non-sufficient or non-payable. All services rendered will be billed to you, your guarantor, or some contracted insurance plans by our office staff. If you have questions regarding your account balance, you may call 205-977-3003 to speak with an account representative. *Please Note*: Billing processes may include a monthly statement, phone call, or correspondence regarding the patient due portion of the account balance. Statements, phone numbers, and correspondence will be addressed regarding the patient/guarantor address or phone numbers listed on the Wellspring Registration Form. If any of these business office procedures present a problem for

Payment (cont): you or your treatment, please discuss your concern with your Wellspring Christian Clinic therapist or the office staff. I may be a provider with your insurance company. Please ask the office staff if you have any questions regarding this. They will give you a form with all of the information your insurance will need for you to file for reimbursement. Some managed care plans have specific providers for whom they will extend coverage, which means that services from providers not on these panels may or may not be eligible for reimbursement. The best way to find out if my services are eligible for reimbursement is to contact your insurance company directly, using the phone number provided on your insurance card. You may also contact your subscriber information booklet or the personnel office which manages your insurance.

- **Confidentiality:** Your patient records are the property of Wellspring Christian Clinic and shall be treated as confidential. To insure quality record maintenance and patient confidentiality, Wellspring Christian Clinic will conduct routine patient record audits. To comply with State and Federal Laws regarding patient confidentiality, your records will not be released without the properly executed written consent. Everything about your care will be held in strictest confidence. There are some circumstances in which we are required by law to break confidentiality.* If you choose to have your Wellspring Christian Clinic provider(s) keep a third party informed of your progress in counseling, it will be necessary to complete the following Release of Information form that will be kept on file.

  There are some circumstances in which I am required by law to break confidentiality. As a psychologist/therapist, I am both ethically and legally bound to keep in confidence any information you divulge to me. However, there are some exceptions to this confidentiality you should be aware of:

  1. If you are a danger to yourself or others in the immediate future, I will take the action necessary to protect everyone involved. This may include notifying persons or agencies such as family members, friends, intended victims, employers, and/or the police.
  2. If I see evidence of child abuse, elderly abuse, or abuse of a disabled person, or strongly suspect abuse in this regard is taking place, I am required by law to make a report to the Department of Human Resources in the county of residence for the child.
  3. If subpoenaed to provide information in a court of law, I will first assert psychologist (psychological trainee)-patient privilege. However, I can be ordered by a judge to report what you have said to me in confidence.

- **Termination:** Ending therapy may be initiated by you as the client, or as legal guardian of the client or myself as the therapist. In either event, a final session is strongly recommended to explore the ending process itself. This can be a useful conclusion to treatment. Referrals to other providers or other suggestions can be offered at that time.

- **Telephone Calls:** There is always someone you can reach to address your problems or concerns when needed. If you need to leave me a message on my voicemail, it will page me. I or the Wellspring Christian Clinic office staff will return your call.

- **Reports and Letters:** I have the right to bill for my time if you, another clinician, lawyer, insurance company, etc. request a letter or report. Payment is expected at the time of service. Unpaid balances will be billed to you or your guarantor from our office. Should you have any questions regarding your account balance, you may call our office at 205-977-3003. **Insurance companies may not reimburse for these fees.**

***Under law, I have the right to break confidentiality if there is suspected child abuse or intent to harm another or oneself.**

PLEASE SIGN BELOW TO INDICATE THAT YOU HAVE READ AND UNDERSTAND THE ABOVE NOTIFICATIONS AND THAT YOU ARE CONSENTING TO RECEIVE TREATMENT BY A WELLSPRING CHRISTIAN CLINIC PROVIDER:

► ____

Patient/Guardian Signature **Date**

I look forward to seeing you!

RELEASE OF INFORMATION:
AUTHORIZATION FOR USE AND DISCLOSURE OF PROTECTED HEALTH INFORMATION

Patient Name: ____ Date of Birth: ____________

Address: ____ SS#: _____________________

Home Phone: __________________________ Work Phone: _____________________________________

I, the understood patient or legal guardian, hereby authorize **verbal** (Yes / No) and/or **written** (Yes / No) information to be released **by**:

Wellspring Christian Clinic, 3104 Blue Lake Drive, Suite 100, Birmingham, AL 35243

To:

Name of Hospital/Clinician/ Attorney/Family Member/Friend/Pastor Phone Number Address

____

____

____

____

____

____

Release information for the following purpose(s):
Treatment/Consultation Patient Request Billing/Claims Attorney Other: _______________

Circle information to be released:
Psychiatric Evaluation Medication Record H&P/Lab Work Psychosocial Psychological Testing
Treatment Planning Discharge Plan Progress Notes

- I understand that the information released may be (*Initial for release of the following information*) _______ Mental Health _______ Substance Abuse _______ HIV/AIDS information
- I understand that this authorization can be withdrawn by me in writing at any time. I cannot, however, take exception to actions that have taken place before I withdrew my consent.
- I understand that the information disclosed by this authorization may be subject to re-disclosure by the recipient and will no longer be protected. Wellspring Christian Clinic and its employees are hereby released from any legal responsibility or liability for disclosure of the above information to the extent indicated and authorized herein.
- I understand that the information which is being released is from records whose confidentiality is protected by State and Federal Law.

____
Signature of Patient or Legal Representative (Description/Proof of authority for patient must be provided) Date

____
Witness and Title Date

In the event of an emergency (e.g. intent to harm oneself or another), Federal Law allows Wellspring Christian Clinic to share sufficient information with necessary parties.

NOTICE OF PRIVACY PRACTICES AND CLIENT RIGHTS

THIS NOTICE DESCRIBES HOW TREATMENT INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

We respect client confidentiality and only release confidential information about you in accordance with state and federal law. This notice describes our policies related to the use of the records of your care generated by this clinic.
Privacy Contract:
If you have any questions about this policy or your rights contact the Clinic Director, Dr. Al Saunders, at 205-977-3003.

USE AND DISCLOSURE OF PROTECTED HEALTH INFORMATION

In order to effectively provide you care, there are times when we will need to share your confidential information with others beyond our clinic. This includes information to be used for:

Treatment We may use or disclose treatment information about you to provide, coordinate, or manage your care or any related services, including sharing information with others outside our clinics that we are consulting with or clinics to which you are being referred.
Payment With your written consent, information will be used to obtain payment for the treatment and services provided. This will include contacting your health insurance company for prior approval of planned treatment, insurance verification, or for billing purposes.
Healthcare Operations We may use information about you to coordinate our business activities. This may include setting up your appointments, reviewing your care, or training our staff.
Information disclosed without your consent: Under state and federal law, information about you may be disclosed without your consent in the following circumstances:
Emergencies Sufficient information may be shared to address the immediate emergency you are facing.
Follow-up Appointment/Care We may be contacting you to remind you of future appointments or information about treatment alternatives or other health-related benefits and services that may be of interest to you. We will leave appointment information on your answering machine unless you tell us not to.
As Required by Law This would include situations where we have a subpoena, court order, or are mandated to provide public health information, such as communicable diseases or suspected abuse and/or neglect such as child abuse or elder abuse.
Coroners We are required to disclose information about the circumstances of your death to a coroner who is investigating it.
Governmental Requirements We may disclose information to a health oversight agency for activities authorized by law, such as audits, investigations, inspections, and licensure. Information may also need to be shared with the Food and Drug Administration related to adverse events or product defects. We are also required to share information, if requested, with the Department of Health and Human Services to determine our compliance with federal laws related to health care.
Criminal Activity or Danger to Others If any crime is committed on our premises or if a crime is committed off premises but against our personnel we may share information with law enforcement to apprehend the criminal. We also have the right to involve law enforcement when we believe an immediate danger may occur to someone.

CLIENT RIGHTS STATEMENT

The following rights are extended to each client in the Day Program and the Outpatient Clinic services for all ages without reservation or limitation:

1. The right to confidentiality: The client has the right to every consideration of privacy concerning his or her medical care program, including HIV status and testing. All case discussion, consultation, communications, records, and medical information pertaining to his or her care will be treated as private and confidential;
2. The right to have impartial access to treatment regardless of age, psychological characteristics, sexual orientation, physical condition, race, religion, gender, ethnicity, marital status, HIV status, criminal record, or source of financial support;
3. The right to have personal dignity recognized and respected in the provision of all care and treatment;
4. The right to religious freedom;
5. The right to receive individualized treatment including the provision of an individualized treatment plan based upon information of all assessments, active participation in the development of the treatment plan by the client with periodic review of the plan by staff, and implementation and supervision of the plan by qualified professional staff;
6. The right to make decisions about the treatment plan prior to and during the course of treatment and to refuse a recommended treatment or plan of care to the extent permitted by law and to be informed of the medical consequences of this action. In case of such refusal, the client is entitled to other appropriate care and services that Wellspring Christian Clinic provides or they may transfer to another facility;
7. The right to know the immediate and long-term financial implications of treatment choices, insofar as they are known;
8. The right to obtain from clinician, or other staff involved in direct care, relevant, current, and understandable information concerning diagnosis, treatment, and prognosis. The right to review the records pertaining to his/her treatment and to have the information explained or interpreted as necessary, except when restricted by law. If you request a copy of your records, we may charge you a reasonable fee for copying and mailing your record.
9. The right to know the identity of physicians, nurses, and others involved in their care, as well as when those involved are students, interns, residents, or other trainees;

10. The right to expect that, within its capacity and policies, the practice will make reasonable response to the request of a client for appropriate and medically indicated care and services. Wellspring Christian Clinic must provide evaluation, service, and/or referral as indicated by the urgency of the case. When medically appropriate and legally permissible, or when a client has so requested, a client may be transferred to another clinician's care. The clinician to whom the client is to be transferred must first have accepted the client for transfer. The client must also have the benefit of complete information and explanation concerning the need for, risks, benefits, and alternatives to such a transfer;
11. The right to ask and be informed of the existence of business relationships among the clinic, hospital, educational institutions, other health care providers, or payers that may influence the client's treatment and care;
12. The right to consent to or decline to participate in proposed research studies or human experimentation affecting care and treatment or requiring direct client involvement, and to have those studies fully explained prior to consent. A client who declines to participate in research or experimentation is entitled to the most effective care that the clinic can otherwise provide;
13. The right to receive prescribed services within the least restrictive but appropriate environment;
14. The right to assurance and protection of privacy and confidentiality of communication with treatment staff, and of material written in the client's individualized record;
15. The right to be presumed mentally competent unless a court has ruled otherwise;
16. The right to a clean and humane environment in which you are protected from harm, have privacy with regard to personal needs, and are treated with respect and dignity;
17. The right to be free from mistreatment, abuse, neglect, and exploitation;
18. The right to expect reasonable continuity of care when appropriate and to be informed by clinicians and other caregivers of available and realistic client care options;
19. The right to initiate a complaint or grievance, with the assurance of no retaliation, and to be informed of the appropriate grievance process;
20. The right to be informed that Wellspring Christian Clinic has the right to terminate care with a 30 day written notification given to the client with a listing of referrals for continuity of care;
21. The right to request an amendment to your record if you believe something in your record is incorrect or incomplete. Ask for the *Request to Amend Health Information* form.
22. Prior to admission to the Day Program, you have the right to be informed of all program rules and regulations concerning your conduct and course of treatment.
23. If you have a complaint about the services provided, you may file a grievance by doing the following:

Step One: Discuss the issue with your therapist or doctor. He or she is there to help you with any issue that arises. It is never an inconvenience for them to assist you.

Step Two: If the therapist or doctor is not able to adequately assist you with your concern and you have still not had your issues resolved, contact the Clinic Director, Dr. Al Saunders at 205-977-3003.

FILING OF COMPLAINTS AGAINST HIPAA-COVERED ENTITIES BELIEVED TO BE NON-COMPLIANT WITH HIPAA PRIVACY RULE

Complaints must be written to the Secretary of HHS, have occurred on or after April 14, 2003, and meet the following requirements:

- Be filed in writing, either on paper or electronically;
- Name the entity that is the subject of the complaint and describe the acts or omission believed to be in violation of the applicable requirements;
- Be filed within 180 days of when the complainant knew or should have known that the act or omission complained of occurred, unless this time limit is waived by the ORC for good cause is shown.

Electronic complaints should be sent to ORCComplaint@hhs.gov. Mailed complaints must be addressed to the ORC regional office that is responsible for matters relating to the Privacy Rule arising in the State or jurisdiction where the covered entity is located.

Region IV (Alabama, Florida, Georgia, Kentucky, Mississippi, North Carolina, South Carolina, or Tennessee)

Office for Civil Rights
U.S. Department of Health and Human Services
Atlanta Federal Center, Suite 3B70
61 Forsyth Street SW
Atlanta, GA 30303-8909

NAME: ____ DATE: ________________

WELLSPRING DEPRESSION CHECKLIST

Instructions: Put a check (√) to indicate how much each symptom has bothered you in the past several days. Please answer all 25 items.

None – 0 **Some – 1** **Moderate – 2** **A Lot - 3** **Extreme – 4**

	0	**1**	**2**	**3**	**4**
Thoughts and Feelings					
1. Feeling sad, down in the dumps, or "blue"					
2. Crying or tearfulness					
3. Feeling discouraged or hopeless about the future					
4. Having low self-esteem					
5. Feeling worthless or inadequate					
6. Feeling guilty or shameful					
7. Criticizing yourself or blaming yourself for things					
8. Having difficulty making decisions					
9. Feeling angry, resentful or annoyed					
10. Feeling frustrated					
Activities and Personal Relationships					
11. Loss of interest in family, friends, or colleagues					
12. Feeling lonely					
13. Spending less time with family and friends					
14. Loss of motivation					
15. Loss of interest in work or other activities					
16. Avoiding work or other activities					
17. Loss of pleasure or satisfaction in life					
Physical Symptoms					
18. Tiredness					
19. Difficulty sleeping or sleeping too much (**Circle which**)					
20. Decreased or increased appetite (**Circle which**)					
21. Loss of interest in sex					
22. Worrying about your health					
Suicidal Urges *					
23. Do you have thoughts about death or dying?					
24. Would you like to end your life?					
25. Do you have a plan for harming yourself?					
26. Do you have intent to harm yourself?					
Subtotals (Multiply the number of checks per column by the column number					

____

*** Anyone with suicidal urges should seek immediate help from a medical health professional.**

NAME: ____ **DATE:** _______________

WELLSPRING ANXIETY INVENTORY

Instructions: Put a check (√) to indicate how much each symptom has bothered you in the past several days. Please answer all 25 items.

None – 0 **Some – 1** **Moderate – 2** **A Lot - 3** **Extreme – 4**

	0	1	2	3	4
Anxious Feelings					
1. Anxiety, nervousness, worry, or fearful feelings					
2. Feeling that things around you are strange or foggy					
3. Having sudden unexpected panic spells					
4. Feeling apprehensive or a sense of impending doom					
5. Feeling tense, stressed, "uptight" or on edge					
Anxious Thoughts					
6. Having difficulty concentrating					
7. Racing thoughts					
8. Frightening fantasies, daydreams or flashbacks					
9. Feeling on the verge of losing control					
10. Fears of cracking up or going crazy					
11. Fears of fainting or passing out					
12. Fears of illness, heart attacks or dying					
13. Fears that something terrible will happen					
Anxious Physical Symptoms					
14. Skipping, racing or pounding heart					
15. Chest tightness or pain					
16. Tingling or numbness in the toes or fingers					
17. Butterflies or discomfort in the stomach					
18. Restlessness or jumpiness					
19. Tense muscles					
20. Sweating not brought on by heat					
21. Trembling or shaking					
22. Rubbery or "jelly" legs					
23. Feeling dizzy, lightheaded or off balance					
24. Hot flashes or cold chills					
25. Feeling tired, weak or easily exhausted					
Subtotals (Multiply the number of checks per column by the column number):					

____

Psychosocial Assessment

Name: ______________________________Age: ________ Gender: M F Clinician: ________________

PLEASE ANSWER THE FOLLOWING QUESTIONS AS COMPLETELY AS POSSIBLE

(Continue answers on back if necessary)

Problem Assessment:

Present Problem/Stressors: *Please circle all that apply*

Marital Issues Health Issues Job Issues Financial Issues Parent/Child Issues

Issues of the past: Guilt Abuse Neglect Family of Origin Issues

Other: ____

Symptoms: *Please circle all that apply*

Change in Sleep Pattern Depressed Mood Mood Swings Decreased Energy

Decreased Interest or Pleasure Anger Problems Decreased Concentration Change in Appetite

Thoughts of Death Decreased Motivation Anxiety/Worry/Panic

Other: ____

Suicidal/Homicidal Ideation:

Have you attempted to commit suicide or homicide in the past? Yes No

If yes, how? ____

Is there a history of suicide in your nuclear and/or extended family? Yes No

Have you ever inflicted burns or wounds to yourself? Yes No

Are you presently suicidal/homicidal? Yes No

What event(s) in the recent past has/have prompted you to seek counseling? ______________________

____

____

Describe additional problems you are experiencing: ____

____

____

____

When did these problems develop? ____

____

____

Circle any recent losses: Family Health Disruption of Lifestyle Job Significant Other

Other: ____

What do you most hope to gain or what do you most hope will change through counseling?

____

____

Please "X" the spot below which best describes your opinion about your past few days' performance at work, school, or household duties.

Unable to Perform	**Poor**	**Adequate**	**Good**	**Very Good**
0	**25**	**50**	**75**	**100**

Psychiatric History

Have you ever had any previous outpatient counseling? Yes No

If yes, where and with whom? ______________________________

Duration of counseling: ______________________ Dates: ______________

Have you ever been admitted to the hospital for mental health or addiction issues? Yes No

If yes, where and why? ______________________________

____

Length of time there: ______________________ Dates: ______________

Name of current doctor and/or therapist: ______________________________

List all medications you have taken *in the past* for anxiety, depression, and/or sleep: ______________

____

____

Medical Information

How would you describe your current condition of health? ______________________________

Are you currently taking any medication? Yes No

Name of Medication Dosage/Frequency Prescribed for Prescribing Physician

____

____

____

____

Please describe any side effects you are experiencing: ______________________________

____

Do you feel that your medication is effective? Yes No

Has it been more than a year since your last physical exam including blood tests? Yes No

Do you have any allergies? Yes No Have you ever had an abortion? Yes No

List any previous health problems, operative procedures, and medical hospitalizations:

Problem Dates Treatment

____

____

____

Substance Abuse History

Describe your current usage or usage within the past year (including alcohol, caffeine, and tobacco)

Substance Amount Frequency Age of 1st Use Age regular use started Last use

____

____

____

____

Have you experienced a recent increase in the use of alcohol and/or other substances? Yes No

Do you, your family, or your friends see your current usage as a problem? Yes No

If yes, when did it become problematic? ______________________________

Please describe any previous experience with drugs or alcohol: ______________________________

____

____

Describe any significant family history of abuse: ______________________________

____

____

Nutrition

Do you feel you have balanced, healthy eating patterns?	Always	Sometimes	Never
Do you have a lot of concerns about your weight and shape?	Always	Sometimes	Never
Do you often eat out of depression, boredom?	Always	Sometimes	Never
Do you ever binge eat or fear losing control of your eating?	Often	Sometimes	Never
Do you ever self-induce vomiting?	Often	Sometimes	Never
Do you use laxatives, water pills (diuretics), or other diet medications to control your weight?	Often	Sometimes	Never

How do you feel about eating with others in a group? ______________________________

Have others ever commented that you exercise excessively? Yes No

Legal History

Do you have any pending legal problems? Y N

Have you ever been convicted of a felony? Y N

If you answered Yes to either of the above questions, please provide a brief description of the problem/conviction:

____

____

Developmental History

List members of your family of origin and comment on how you got along with each one.

Name Relationship Comment

____

____

____

____

____

What is your birth order? ____ of ____ children. Who primarily raised you? ______________

How would you describe your childhood? Traumatic Painful Uneventful Good Happy

What were you like as a child? (Include friends, school, hobbies, and personality) ______________

____

____

____

Please list any unusual or traumatic experiences from your childhood:

Date Age Event

____

____

____

____

____

Have you ever been the recipient of unwanted sexual acts? Yes No

If yes, further describe if you wish: ______________________________

____

Living Arrangements

You would describe your living arrangement as: Satisfactory Unsatisfactory

With whom are you living? ____

Where do you currently live? ______________________ How long there? __________

Describe your current relationships with your family members: ______________________

____

____

____

Social Relationships/Support System

Who can you count on for support? *Circle as many as apply*

Parents Spouse Siblings Employer Church Pastor Therapist Neighbor(s)

Extended Family Close Friend(s) Self-help Group Community services Co-worker(s) Medical Doctor

Do you have close friends outside of your family? ______________________________

What are your hobbies or leisure activities? ______________________________

____

Financial Situation

Describe briefly your financial situation: ______________________________

____

____

____

Marital History

When did you marry your current spouse? __________ Name and age of spouse: ______________

Any children from current marriage? Yes No How many? _____

Were you previously married? Yes No If yes, date of divorce(s): ______________________

Any children from previous marriage(s)? Yes No How many? _____

What is your perception of your current marriage? (Include communication patterns, problems, and sexual relationship) ____

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____

List names and ages of children and comment on your relationship with each child.

Name Age Comment

____

____

____

____

____

Sexuality

What is your sexual orientation? Heterosexual Homosexual Bisexual Unsure

Do you currently view pornography? Yes No If so, how often? ______________________ Have others shown concern about your sexual practices? Yes No If so, who? ______________

Religious/Cultural Factors

What is your religious background? ____________________

Describe the religious atmosphere in your home (past or present): ____________________

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Do you currently attend church, synagogue, or mosque? Yes No

Please list any issues (positive or negative) which are important or may have affected you in regard to religion or ethnic/cultural background: ____________________

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____

What do you consider to be the role of God in your recovery? ____________________

____

Educational History

What was school like for you? ____________________

____

Highest level of education achieved: ____________ What kind of grades did you make? ____________

Currently in school? Yes No If yes, what level and where? ____________________

Work Adjustment History

Describe your current job/career: ____________________

____

What do you like about your employment/career? ____________________

____

What do you dislike about your employment/career? ____________________

____

Would you enjoy doing this job on a long-term basis? ____________________

If you could have any job/career, what would you choose? ____________________

Why would you choose this? ____________________

How do you deal with authority figures? ____________________

____

Describe your relationship with co-workers: ____________________

____

Describe your job performance: ____________________

____

Have you ever been fired or laid off? Yes No If yes, please explain: ____________________

____

How many jobs have you held within the previous five years? ____________________

Military History

List branch, dates, duties: ____

____

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Family Involvement

Would it be beneficial for any members of your family to be involved in your treatment? Yes No

If yes, please explain who and why: ____

____

____*Please include the names of any family members you would like to be involved in your treatment on your release of information at the beginning of this paperwork.

What is your family's perception of your difficulties? ____

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____

Miscellaneous

Have you ever thought that you may have a non-substance related addiction? (e.g. gambling, pornography, shopping, social networking) Yes No If yes, describe the addiction: ____

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____

List your Strengths and Weaknesses:

Strengths: ____

____

Weaknesses: ____

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Are there any other things that would be helpful for your counselor/therapist to know about you?

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Signature: ____ Date: ______________________